

SPARKS

CHABAD OF GREENSBORO | SEPTEMBER 2024 | ELUL 5784



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Dear Community Member,

As we approach the High Holidays, I am filled with a sense of awe and gratitude. The upcoming holidays of Rosh Hashanah and Yom Kippur offer us a unique opportunity for introspection, growth, and renewal.

At Chabad of Greensboro, we are busy preparing for these sacred days, and we invite you to join us for our services and programs. Our goal is to create a warm and inclusive environment, where everyone can feel connected to their heritage and to each other.

May the sound of the shofar inspire us to new heights, and may our prayers be filled with sincerity and purpose. May we be blessed with a year of health, happiness, and fulfillment. Wishing you a Shana Tova, a good and sweet new year.

Rabbi Yosef & Hindy Plotkin
Co-Directors

CYP CONTINUES TO DRAW IN MORE YOUNG PROFESSIONALS

Recent months saw CYP (Chabad Young Professionals) hosting a full roster of events for singles and young families, each of which attracts more and more young Jews.

Lag BaOmer, traditionally celebrated outdoors, saw young professionals and their growing broods head to the farm. There, they bottle-fed young animals, hay to the livestock, and the smallest set enjoyed a hay ride.

And as spring turned to summer, they regrouped once again for a barbecue dinner, billed as the Summer Shvitz.

As they nibbled on hot smores, they studied a selection of Mishnah with Rabbi Yosef Plotkin and enjoyed the free-flowing discussion that followed.

Since its founding, CYP has filled a vital function for the many young Jewish people in the Piedmont Triad, providing them with a welcoming, hip, and safe place to express their Jewish selves and rub shoulders with fellow Jews. Most recently, with many putting down roots and starting families, the group has begun adding programming for young families as well.

Never satisfied with past successes, the newly formed planning committee has already put much work into mapping out what the coming year will bring. Save these dates for premiere CYP celebrations:

- October 21:** Young People in the Sukkah
- December 29:** Chanukah Celebration
- February 12:** Tu BiShvat Fest
- March 13:** Purim Party
- May 15:** Lag BaOmer Outing

RECIPE STRAWBERRY SALAD



INGREDIENTS:

For the Salad:

- 5-7 ounces Spring Mix
- ½ red onion, thinly sliced
- 2 ripe Avocados, peeled, seeded and diced
- 1 quart strawberries, stems removed and quartered

For the Dressing:

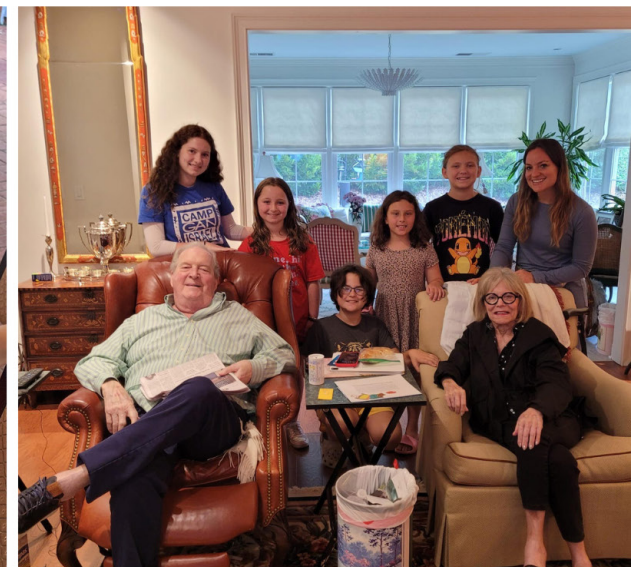
- ⅓ cup extra virgin olive oil
- 2 tbsp. white balsamic vinegar, or vinegar of choice
- 2 tbsp. honey
- 1 tsp. mustard
- ½ tsp. salt
- ½ tsp. freshly ground black pepper

DIRECTIONS:

1. In a large mixing bowl, combine Spring mix, onion, avocado, strawberries.
2. In a medium bowl or measuring cup, whisk together the olive oil, balsamic vinegar, honey, mustard, salt, and pepper until emulsified.

Note: If desired, blend all of the dressing ingredients mentioned above for ultimate creaminess.
3. Pour the dressing ovetop and gently toss.
4. Enjoy!







GAN ISRAEL EMBRACES THE ENTIRE FAMILY

When a family enrolls a child in Camp Gan Israel, it's a matter of time before the entire family gets caught up in the Gan Izzy spirit. This summer, Gan Israel provided several events for the whole family.



for the women and girls, Shabbat packages for the entire family to take home, and men and older boys had the opportunity to put on tefillin and say a brief prayer.

With war raging on in Israel, the children held a kosher bake sale, with all proceeds going to support the IDF. The entire family was invited to help sell, buy, and participate in the effort. All told, more than \$120 was raised, and everyone learned about the importance of tzedakah, providing for those in need.

One sunny day, families again found themselves in camp, this time participating in a Mitzvah Fair, where they got to learn about various mitzvahs. There were Shabbat candles

Late one Friday afternoon, they gathered in camp for a delicious pre-Shabbat dinner. The food was prepared by the children, as was the entertainment, a musical performance of Shabbat songs and other Jewish classics.

The Gan Izzy family gathered one more time for an end-of-summer cookout, in which director Hindy Plotkin, campers and their families thanked the Gan Israel's staff - handpicked from across the United States and beyond

PRE-SHAVUOT WOMEN'S EVENT FEATURED UNITY AND ELEGANCE

Tradition provides nearly a dozen reasons why we decorate our synagogues and homes with flowers on Shavuot. One of them is that Shavuot is Chag Habikkurim, the holiday when Jewish farmers in Israel would begin bringing baskets loaded with their first fruits to the Holy Temple. The baskets were a primary way to express thanks to G-d for His bountiful land, and our ancestors would adorn them and make them beautiful.



for the program. They were the program. Joan led the more than 40 attendees in a flower-arranging workshop and Michele presented a Torah teaching that gave everyone plenty of food for thought.

This theme was on full display at Chabad of Greensboro's recent pre-Shavuot women's celebration, arranged by Chabad members Michele Gordon and Joan Muss.

The two volunteers did not just shop, arrange, and organize

Speaking of food, the lovely evening included a delicious dairy spread that included salads and everyone's favorite Shavuot treat: cheese blintzes!

"We had fun, learned Torah, and got to enjoy the company of fellow Jewish women," says Chabad community member, Pamela Haber, who attended the event. "I speak for many other women when I say that I am eagerly looking forward to the next Chabad of Greensboro women's event!"



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AT CHABAD OF GREENSBORO

ROSH HASHANA EVE
WEDNESDAY, OCTOBER 2
 6:30 Evening Services
 7:00 Community Holiday Dinner

ROSH HASHANA DAY I
THURSDAY, OCTOBER 3
 9:30 Morning Services
 10:00 Children's Program
 11:00 Shofar Sounding

ROSH HASHANA DAY II
FRIDAY, OCTOBER 4
 9:30 Morning Services
 10:00 Children's Program
 11:00 Shofar Sounding

There is NO CHARGE for seats
 your donation is greatly appreciated.
 Advance reservations are suggested.

YOM KIPPUR EVE
FRIDAY, OCTOBER 11
 6:30 Evening Services

YOM KIPPUR DAY
SHABBAT, OCTOBER 12
 10:00 Morning Services
 10:30 Children's Program
 12:00 Yizkor Memorial Service
 5:30 Mincha

6:15 Neila Closing
 7:25 Yom Kippur Ends
 Services Followed by Buffet Break-Fast

FOR MORE INFO:
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